



# • THE BASICS •

When it comes to finding the best stones for your sign, don't get confused with birthstones, which pair to the month in which you were born. Birthstones don't often align with your traits and energies you'd like to express most. When it comes to your sign, many stones can resonate and align well, especially for signs that share in the ruling elements (fire, water, earth, air).

The more you understand your zodiac sign and the nature of it, the more informed you'll be to select the right metals and stones. According to astrological experts, wearing certain precious metals and gemstones will help you connect more to the fullest expression of your zodiac sign and help you manifest both healing and protective energies.

For example, Libras appreciate romance, harmony, and the finer things in life. Distinguished by the scales, balance is essential. While air signs like Libra spend a lot of their time lapping up social scenes, dropping their intellectual ideas into every discussion, they often forget to keep their feet on the ground and their head out of the clouds. A Libra could wear a ring with a bold black tourmaline that catches their eye amongst the gesticulations of said social moments or in times of overwhelm, bringing them back to Earth. Black tourmaline is said to have calming qualities, bringing the wearer a sense of connectedness whilst dismantling any negative or anxious energy.

A Cancer may build a protective "shell" around their heart, which might prevent them from being open and vulnerable and receiving the love they long for. They could use a rose quartz, or a gem that helps heal and fortify the heart, to provide a sense of safety and allow them to be more receptive.

Whether you've only just dipped your toe into astrology or are a full-fledged astro-enthusiast, we've put together this fashion and astrology guide— with the help of astrology experts—to help you go out into the world with the confidence and knowledge you need to do right by your stone.







### THE ASTROTWINS

Ophira and Tali Edut are professional astrologers who reach millions every month through their site <u>ASTROSTYLE</u>. They are also the official astrologers for ELLE and have appeared on Good Morning America, The Today Show and also been covered in the New York Times, People Magazine and Vogue, among others. The sisters have read charts for celebrities including Beyoncé, Stevie Wonder, Karlie Kloss, Alicia Keys, Emma Roberts, Sting and many others.



#### AMBI KAVANAGH

Ambi Kavanagh is a Reiki master, astrologer, sound healer, life coach and the host of the podcast <u>Alchemy with Ambi.</u> With a unique focus on using astrological cycles and the seasons as a form of coaching, she is the founder of <u>Soulstrology</u>, a cosmic coaching program. Her first book, Chakras and Self-Care, is being released on August 25, 2020 by Penguin Random House.



### COURTNEY O'REILLY

Courtney O'Reilly is a New York City-based astrologer and founder of <u>Vibrant Soul Astrology</u>, often engaging one-on-one sessions and events. <u>Zodiac Signs: Taurus</u> with Sterling Ethos is Courtney's first book, and she has been featured in such publications as Women's Health, Well+Good, and The Dispatch and has worked with partners that include Planned Parenthood, Maha Rose, Capsule, and Garmentory.



## SUSAN MILLER

Susan Miller is an internationally known author, columnist, entrepreneur, publisher and founder of <a href="AstrologyZone.com">AstrologyZone.com</a>, which debuted in December 1995. Susan Miller is considered an authority in the field of Western astrology and her site is read avidly by 11 million unique readers a year. Susan is the author of 12 astrology books, writes monthly columns for six international fashion magazines, and publishes monthly forecasts on her website and on her app, "Daily Horoscope Astrology Zone + More by Susan Miller"





around the head and face with a bright red lipstick and statement hair pieces. Diamonds slash through those chaotic Aries moments bringing clarity of mind, so add some sparkle to a beautiful headband or beret for a whimsical night out. Diamonds also bring luck and wealth to the wearer, turning heads with the promise of more good to come.

Taurus rules the neck, and its colors are associated with the light greens of early spring. Susan Miller also recommends "investment jewelry" to perfectly match Taurus' desire for security and timeless elegance. Another great pick for Taurus? Chokers. Consider a stunning chain with an emerald placed neatly in the center. Classy and to the point.



Gemini is spritely and energetic. The sign is also associated with yellow and citrus and does well with news-breaking trends and swift fashion moves informing the masses. Geminis are best when accessorizing with their arms (encompassing everything from the wrists to the shoulders and clavicle). Slip a string, or two or three, of agate beads around your wrist to Pearls are considered lucky for all wearers but line up especially for Cancer signs to serve them well. O'Reilly recommends wearing "a pearl necklace to enhance your they come in a multitude of colors to suit every Gemini.



Leos are most associated with royalty—they wore what "commoners" couldn't and made sure to show it off. Let that inner lion roar in the throes of high fashion, dramatic choices, and bold colors. And because Leo rules the spine (as well as the heart), consider a backward spin of a long chain necklace that slinks down showing off that back.



Virgo lacks the ego Leo has and is all about servitude and gift giving. Too many choices can lead to over analyzing, so keep it simple and subtle. Virgo's ruling planet, Mercury, owns the hands—play with rings or even a bracelet. Stick with deep greens, pale grays, navy and teal to make the perfect statement. Pair with a dainty floral pattern on a glove, maybe even your phone case, and you're ready to go. And because mercury rules the hands, focus on your fingers and opt for subtlety. Small flowers and design accents also work well when it comes to accessories such as scarves and will help you stand out as a Virgo.

AND GRAYS



Ruled by the planet of love, Venus, Libras are a romantic and festive bunch—think weddings or an unforgettable night out. If it's pristine, it's for Libras. Able to pull their inner beauty to their arguably already beautiful surface, they present the best of themselves to the world. Charming and intellectual Libras' finest colors, as recommended by Miller, are those of a rococo dining room, pastels, icings, pinks, and pale blues. Accessorize with the real thing, 14K gold, a gifted sapphire ring (gifted to themselves is still a gift), a conversation starter is always a win.

Scorpio is the sexiest of the signs and loves dark, rich, deep colors. Scorpios are much more private, so when you want to dress for your sign, you may not necessarily want everyone to know it. Pair lingerie with your night out or dress for the occasion even if you're just home with your sweetheart. You could even use a leopard print to show off that figure. Get to it, Scorpio.



journey is what this sign is all about. They love discovering new things and places, so let the adventure take hold in the accessories. Consider pairing new with vintage, as long as it brings back memories. Royal blues, lapis lazuli, and turquoise are the colors and stones of choice for Sagittarius. For other accessories, opt for stripes and chevrons.

Capricorns are most adept at making the traditional feel modern, especially with a twist. Vibing off their history and ancestry, we recommend looking for old family jewelry, brooches, pearls, or other jewelry that spans generations. As for colors, look for neutrals, white, black, chocolate brown, butterscotch, or gray.



If you're looking for the next "It" thing, look no further than your Aquarius comrades. They

are the originators and ones most likely to turn heads. They're bright and hard to miss

with their striking neon colors and interesting pairings. Aquarians do best when they make

unexpected choices and pair contrasting styles AND accessories, making it all their very

own. Anthracite gray pearls work best here as well as bright, neon jewelry and colors. Go

dreaminess. Don't be afraighted.

Pisces rules the feet and the deep underwater. When it comes to colors, Miller pointed to Monet's famous Water Lilies painting—find your guidance in those violets, blues, turquoise, deep and dark blues, greens, and purples. While Pisces are most associated with water and the sea, dive deep, as they are quite the romantic. Soft lace and toole also enhance Pisces' dreaminess. Don't be afraid to get your feet wet in the mystery that is Pisces.



# DON'T BE AFRAID TO EXPERIMENT

There is a lot to play with when it comes to pairing accessories and dressing for your Zodiac, especially when you get into the nuance that is astrology. Sun signs are a great base when looking to find the right stones for your zodiac, but don't fret if you don't feel connected to a designated stone. O'Reilly recommends "taking a look at the gemstones for both your Sun sign and rising sign to start working with gemstones in alignment for you. Then build and grow from there as your understanding of your natal chart deepens."

Just as humans are a medley of personalities wielding varying degrees of each zodiac across our natal charts (which are available online), stones are also able to blend and transmit their charges to all of the signs. If you're feeling drawn to a certain color or stone, look into its ties and benefits for your sign (sun, moon, ascendant), and there may be a beautiful pearl of knowledge waiting to be found. If you've got that strong Taurus nature, taking time to really decide if a luxe piece of jewelry is right for you, get your hands on a simple stone and keep it in your pocket. Take a few different ones for a test drive and learn which best resonate with your desires. Have fun experimenting.

To further develop that keen sense of dressing to align with your astrology, look to the sky. The Astro Twins encourage us to "accessorize to meet what's happening in the sky above, in line with the planetary movements." Whether it's the turn of a new moon or season, these seasonal and astrological events can be used to guide your fashion choices. Ambi recommends wearing some selenite or quartz for healing and releasing at a Full Moon or cleansing or resetting at a New Moon.

Above all else, remember that it's all quite personal. "Start with your personal astrology," O'Reilly says, "and build from there as you learn more."

